



*A Warm Welcome to The George & Dragon*  
*Elsworth*

Our menu changes on a regular basis, the fish specials will change weekly.

All our dishes are cooked fresh to order by our team of chefs led by Paul.

Please do not hesitate in asking for any special requirements or to see our Allergens Booklet

# Autumn 2018

## Appetisers

<b>Seared King Scallops</b> On Black Pudding & Chorizo with Cauliflower Cream	£10.50
<b>Homemade Smoked Haddock &amp; Spring Onion Fishcake,</b> Hollandaise Sauce & Poached Egg	£7.25
<b>Curried Cod Cheeks, Jasmine Rice</b> Cod Cheeks, pan-fried with a Tikka Curry Cream Sauce	£6.95
<b>Smoked Breast of Duck</b> Shredded Cucumber & Spring Onion, Hoi sin Dressing	£6.25
<b>Freshly Baked Garlic Ciabatta</b>	£3.50/ with Melted Mozzarella £4.00
<b>Baked Goats Cheese &amp; Red Onion Tart,</b> Balsamic Dressed Leaves	£6.25
<b>Stuffed Potato Skins, Spring Onion, Chorizo &amp; Melted Mozzarella</b> Roasted Garlic Mayonnaise	£5.75
<b>The George &amp; Dragon's Prawn Cocktail,</b> Marie Rose Sauce	£6.50
<b>King Prawns in Tempura Batter,</b> Chilli Dip	£6.00
<b>Homemade Chicken Liver &amp; Cognac Pate,</b> Caramelised Red Onion Chutney, & Toast	£6.50
<b>Homemade Soup of the Day</b> Freshly Baked Bread	£5.00

## For the Meat Lovers

<b>Fillet of Beef Stroganoff</b> Jasmine Rice & House Salad	£18.50
<b>Prime Suffolk Gammon Steak</b> Two Fried Eggs or Grilled Pineapple, Grilled Mushroom & Tomato, Chips & Garden Peas	£13.00
<b>Rump Steak &amp; King Prawn Sizzler</b> Strips of Rump Steak pan fried with King Prawns & Vegetables in an Oriental Sauce. Served with Jasmine Rice	£16.95
<b>Breast of Chicken, Creamy White Wine, Thyme, Mushroom &amp; Bacon Sauce</b> Crushed New Potatoes & Fresh Vegetables	£13.50
<b>The George &amp; Dragon's Meat Mixed Grill</b> Scottish Rump Steak, Suffolk Gammon & Loin Pork Steak, Lamb Cutlet, Farmhouse Pork Sausage, Two Fried Eggs, Onion Rings, Chunky Chips, Garden Peas, Grilled Tomato & Field Mushroom	£19.95
<b>1/2 Pound Prime British 100% Beef Burger</b> Brioche Bun, Skinny Fries, Bacon, Cheddar or Stilton, Coleslaw & Relish	£11.00
<b>Braised Lamb Shank</b> Mashed Potato, Redcurrant & Rosemary Jus, Savoy Cabbage & Root Mash	£15.95

## A Bit on the Side

Garlic Ciabatta £3.50, Garlic Ciabatta with Melted Mozzarella £4.00,  
Garden Salad, Seasonal Vegetables £2.50  
Onion Rings, Sweet Potato Fries £3.00  
Chunky Chips, Cajun Spiced Wedges £2.50

## Dry Aged Herefordshire Steaks -

*Our Beef is sourced from Herefordshire & dry aged for a minimum of 28 days,  
Char Grilled to your liking & served with Chunky Chips, Grilled Tomato & Field Mushroom*

<b>7oz Fillet Steak</b>	£23.50
<b>10oz Rib-eye Steak</b>	£21.50
<b>8oz Rump Steak</b>	£15.95
Onion Rings	£3.00
Surf & Turf - 2 Mediterranean King Prawns	£3.50
Pepper Sauce	£2.00
Melted Stilton	£2.00

## From The Seas

*All our Fish & Seafood comes direct from J T Coles of Lowestoft  
We have great pleasure in offering a large selection of wonderful fresh fish dishes.  
If you would like your fish to be served in a different way please don't hesitate to ask.*

## Fish & Seafood Specials

<b>Pan-fried Wild Halibut Fillet, Creamed Leeks &amp; Prawns</b> Parmentier Potatoes & Samphire	£17.95
<b>Hake Fillet, Black Pepper Panko Crumb</b> Homemade Tartar Sauce, Chunky Chips & Minted Mushy Peas	£15.50
<b>Sea Bass Fillet Mediterranean King Prawn</b> , Pan-fried in a Prawn & Garlic Butter Crushed New Potatoes & Wilted Spinach	£15.50
<b>Smoked Haddock Monte Carlo</b> Naturally Smoked Lowestoft Haddock on Wilted Spinach & Mashed Potato, Rich Cheese sauce topped with a Poached Egg	£14.95
<b>Skate Wing</b> , Black Butter & Capers, Chunky Chips & Mushy Peas	£15.95
<b>Seared Sashimi Tuna Creole</b> Cajun Spiced Creamy Tomato Sauce, Jasmine Rice, Balsamic Dressed Rocket & Parmesan Salad	£15.75

## House Favourites

<b>Fresh Fillet of Plaice</b> , Grilled with Butter Chunky Chips or New Potatoes Garden Peas	£14.00
<b>Fish &amp; Chips with Minted Mushy Peas</b> Deep Fried in our Light Crispy Batter, Your choice of Fresh Fillet of Cod, Haddock or Hake	£12.00
<b>Fresh Fillet of Haddock &amp; Prawn Mornay</b> Homemade Lobster Sauce topped with melted Cheddar, New Potatoes & Medley of Vegetables	£14.75
<b>Whole tail Breaded Scampi</b> , Chips, Peas & Home-made Tartar Sauce	£11.00
<b>Fisherman's Pie</b> Medley of Fresh Fish including Naturally Smoked Haddock, Salmon, Hake, Prawns & Cod, in a Rich Lobster & Cheese Sauce Topped with Mashed Potato & Medley of Vegetables	£13.00
<b>The George &amp; Dragon's Fresh Fish &amp; Seafood Mixed Grill</b> Grilled Fresh Hake, Salmon, Swordfish Loin, Skate & Mediterranean King Prawns Served with a Choice of New Potatoes or Chunky Chips, Lobster Sauce or Garlic Butter, Lemon Wedge and Garden Peas	£19.95

## Vegetarian Main Courses

<b>Wild Mushroom Stroganoff with Jasmine Rice</b> House Salad	£13.50
<b>Home-made Vegetable &amp; Nut Roast</b> Mashed Potatoes, Fresh Vegetables & Gravy	£11.50

**Lighter Bites** – served Lunchtimes Only

**Smoked Suffolk Ham, Two Eggs Chips & Peas** £9.00

**Smoked Suffolk Ham Salad** English New Potatoes £9.00

**Warm Cajun Spiced Chicken Salad** Skinny Fries £12.50

**Stilton & Bacon Omelet, House Salad & Chunky Chips** £9.00  
Salad & Chips

**Three Egg Omelet, House Salad & Chunky Chips** £8.50  
Fillings: - Ham, Bacon, Cheddar, Stilton, Mushrooms, Onions, Tomato, 25p each

**The George & Dragon's Special Ploughman's** £8.50  
Cheddar, Stilton, Brie and Ham, Garden Salad, Chutney & Crusty Bread Roll

**Filled Ciabattas** – Chunky Chips, Salad & Coleslaw

**Bacon and Brie** £7.25

**Sausage & Caramelised Red Onion** £7.25

**Rump Steak & Melted Stilton** £9.25

**Cajun Chicken, Provencal Sauce & Melted Mozzarella** £7.25

**Sandwiches** - White or Granary Bread, with Coleslaw

**Cheddar & Chutney** £4.95

**Smoked Suffolk Ham & English Mustard** £4.95

**Prawn Cocktail & Rocket** £6.50